

# I MY PARKS & RECREATION

**I love my Parks & Recreation because:**

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At your local park you can get healthy and fit, experience nature and connect with your community! Fill out this poster and then take a picture with it and **SHOW** your city what you love about parks and recreation. Post it to Facebook, Twitter, Pinterest, Websites and blogs. Tag Lynchburg Parks & Recreation and use the hashtag #LynchburgParks or email to [ashley.kershner@lynchburgva.gov](mailto:ashley.kershner@lynchburgva.gov).



**National Recreation  
and Park Association**